



The Power-Scripting Training Program Presentation #1

Power-Scripting Overview

Hand Written Notes

Performance Accelerator #1

The “Physical Component”

Repetition

Habits

Key to Success:

Establish Success Habits

Two types:

1. Action Habits

2. Habits of Mind

The PS Process:

Step 1. Clarify your Goal(s).

Step 2. Establish Success Habits

Summary: Through **Power-Scripting** you will be clarifying your goal(s) and establishing Success Habits (Action Habits and Habits of Mind) specifically targeting your goal(s). This will keep you moving towards your goals automatically over time (ie 1-year, 3-years and beyond).